

Exercise Science and Kinesiology Transfer Major - AA

The Exercise Science and Kinesiology Transfer Major Associate of Arts Degree and Associate of Science Degree are designed for students transferring to Iowa Regents Universities to study a variety of related undergraduate majors.

Students who pursue this major will have the opportunity to learn the necessary content and skills for upper-level classes at the transfer institution and to be successful in their desired field after graduation.

Possible undergraduate majors and Bachelor's degree options:

- Athletic Training
- Diet and Exercise
- Exercise Science
- Exercise Trainer/Fitness Trainer
- Kinesiology
- Health and Human Performance
- Nutrition
- Public Health and Wellness
- Strength and Conditioning
- Athletic Coach/Scout
- Health Education Specialist

Students should become familiar with the specific course requirements of the four-year institution to which they plan to transfer as institutions vary.

The following courses are required for the Exercise Science Associate of Arts Transfer Major: BIO-151, BIO-168, BIO-173, MAT-156, BIO-105, PHY-162, SDV-108, ENG-105, and ENG-106. The other courses are suggested and may be substituted; please consult with a Student Success Advocate.

Instructor and Staff

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Southeastern Community College values diversity in all its forms. Please visit <https://www.scciowa.edu/non-discrimination-statement.aspx> to view our non-discrimination statement.

For more information about our graduation rates, the median debt of students who completed the program, and other important information, please visit SCC's financial aid website at <http://www.scciowa.edu/admissions/costaid/finaid/gainemp.aspx>

West Burlington Campus (Keokuk campus offers select courses)

Program Requirements

Fall Semester I		Credit
SDV-108	The College Experience	1
ENG-105	Composition I	3
SPC-112	Public Speaking	3
PHI-105	Introduction to Ethics	3
SOC-110	Introduction to Sociology	3
BIO-105	Introductory Biology	4
Spring Semester I		Credit
ENG-106	Composition II	3
MAT-156	Statistics	3
BIO-151	Nutrition	3
PHI-101	Introduction to Philosophy	3
PET-105	Basic Athletic Training	3
Fall Semester II		Credit
BIO-168	Human Anatomy and Physiology I	4
PSY-111	Introduction to Psychology	3
PHY-162	College Physics I	4
ART-133	Drawing	3
PET-230	Care and Prevention of Athletic Injuries	3
Spring Semester II		Credit
BIO-173	Human Anatomy and Physiology II	4
PSY-121	Developmental Psychology	3
POL-111	American National Government	3
HUM-114	Multicultural Perspectives <u>or</u>	3
SOC-212	Diversity	3
Program Total.....		62-62